

Pos	NO.	Name	Club	Cat	Time
1	197	Barry Reynolds	Great Western Runners	M40	0:28:00
2	340	James Cheseldine	Vegetarian Cycling AC	M40	0:29:54
3	329	Dave Gresswell	Gloucester AC	M40	0:30:20
4	336	Nigel Sewell	Malvern Joggers	M50	0:30:39
5	324	Andy Norman	Severn AC	M50	0:30:42
6	330	Matt Powell	Gloucester AC	M	0:30:54
7	192	Ed Ashley	Unattached	M	0:31:05
8	322	Dave Lowthian	Severn AC	M40	0:32:00
9	326	Jonathan Howes	CLC Striders	M	0:32:29
10	189	Andy Vinton	Ladyboyz	M	0:32:54
11	173	Nick Spice	Almost Athletes	M	0:32:56
12	334	Garry Slater	Thornbury RC	M40	0:33:22
13	321	Jeff Davies	Meirionnydd RC	M60	0:33:52
14	175	Tina Gomer	Stroud & District AC	L40	0:34:01
15	333	Richard Phillips	Thornbury RC	M40	0:34:13
16	196	Matt Williams	Unattached	M	0:34:22
17	323	Amanda Steer	CLC Striders	L40	0:34:24
18	183	Lewis Saunders	Stroud & District AC	M50	0:34:38
19	317	Nicholas Von Benzon	CLC Striders	M50	0:34:39
20	190	Jonathan Gaunt	Unattached	M40	0:35:17
21	187	Ange Puffett	CLC Striders	L	0:35:45
22	305	Adrian Higgs	Cheltenham Harriers	M50	0:35:56
23	312	Robert Bircher	CLC Striders	M40	0:36:16
24	170	Mike Foster	Unattached	M40	0:36:39
25	335	Helen Mann	Unattached	L	0:37:19
26	168	Dave Feltham	Unattached	M	0:37:24
27	301	Gareth Ellison	Unattached	M40	0:37:32
28	328	James Boyd	Unattached	M	0:37:35
29	320	Ryan Coombs	Unattached	Jun	0:37:53
30	178	Dave Mayo	CLC Striders	M40	0:37:58
31	313	Dave Halford	Dursley & District	M	0:38:05
32	331	David Coombs	Unattached	M	0:38:08
33	184	Will Waterman	Unattached	M	0:38:35
34	337	Andy Barrett	Unattached	M50	0:38:37
35	302	Alice Lewis	Dursley & District	L50	0:38:47
36	180	Ian Bird	Unattached	M40	0:38:56
37	306	Peter Jeffery	Unattached	M40	0:38:56
38	327	Helen Howes	CLC Striders	L	0:39:39
39	191	Jayne Acroyd	Malvern Joggers	L40	0:39:48
40	325	John James	Severn AC	M60	0:39:52
41	171	Kim Clark	Unattached	L	0:40:37
42	342	Helen Mann	Unattached	L50	0:40:40
43	200	Oliver Fox	Unattached	M	0:40:48
44	199	Daniel Badger	Unattached	M	0:42:10
45	341	Andrew Hurcum	Unattached	M40	0:42:30
46	343	Dan Carl	Deal Tri	M40	0:42:32
47	339	Roger Jones	Unattached	M	0:42:44
48	315	Barbara Thomas	Cirencester AC	L50	0:43:16
49	308	Alex Bromfield	Unattached	M	0:43:42
50	344	Karen Bint	Unattached	L40	0:43:50
51	193	Anna Perry	Unattached	L	0:45:20

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52	307	Derry Whitehead	Unattached	M50	0:45:37
53	309	Bea Wright	Unattached	L	0:46:41
54	332	Mike Anderton	Gloucester AC	M50	0:46:55
55	318	James Coombs	Unattached	M40	0:47:17
56	319	Carolyn Coombs	Unattached	L	0:47:17
57	195	Naomi Smith	Unattached	L	0:47:55
58	179	Sarah Jane Rowlands	Unattached	L	0:49:20
59	185	Neil Waterman	Unattached	M40	0:49:40
60	172	Karren Surrige	Unattached	L	0:50:22
61	338	Lisa Dainty	Malvern Joggers	L40	0:50:22
62	316	Mary Burrows	Gloucester R G	L40	0:51:07
63	304	Darren Ward	UK Netrunners	M	0:51:42
64	303	Maria Dispirito	Unattached	L40	0:52:06