

FirstName	LastName	Team	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9
Ian	Scarrott	Barrow Runners	00:10:57	00:15:28	00:15:46	00:17:02					
Colin	Jones	Whitchurch Whippets	00:11:32	00:16:01	00:16:13	00:16:59	00:17:42	00:18:33	00:20:10	00:29:19	
Verne	Barltrop	100 Marathon Club	00:13:35	00:18:38	00:19:09	00:20:54					
Sid	Wheeler	Chepstow Harriers	00:17:03	00:24:26	00:25:34	00:27:43	00:34:16	00:35:31			
Paul	Alexander	Sandhurst Joggers	00:10:37	00:16:01	00:16:01	00:21:38					
Jason	Brannan	Racing TNT	00:12:18	00:17:16	00:18:27						
Lavrie	Cater	Chepstow Harriers	00:10:25	00:15:13	00:16:33	00:19:22	00:26:45	00:20:26	00:20:39		
Ian	Callingham	N/A	00:12:15	00:17:40	00:18:33	00:18:43	00:19:54	00:20:26	00:27:39		
Philip	Hall	N/A	00:12:14	00:18:04	00:19:23	00:20:44	00:24:20	00:34:23	00:29:38	00:37:54	00:55:24
John	Aitken	City of Hull AC	00:11:31	00:16:31	00:16:24	00:17:23	00:16:38	00:18:00	00:18:00	00:19:00	00:20:00
Duncan	Smith	Reading RR	00:10:05	00:14:22	00:14:35	00:14:48	00:15:04	00:15:21	00:16:03		
David	Hughes	Pontypridd Roadents	00:11:20	00:16:08							
Wayne	Usher	CLC Striders	00:11:17	00:16:09	00:16:19						
Mike	Anslow	Black Country Triathletes	00:11:22	00:15:50	00:16:00	00:16:19	00:16:40	00:17:29	00:17:32		
John	Apsley	N/A	00:12:16								
Gareth	Rees	Les Croupiers	00:13:42	00:19:09	00:28:11						
Maurice	Barletta	Hungerford Hares	00:11:15	00:16:09							
Tim	Mitchell	Swindon Striders	00:12:32	00:18:26	00:22:55	00:24:37	00:25:17				
Alastair	Oates	N/A	00:10:05	00:14:20	00:14:33	00:15:08	00:15:51	00:17:14	00:22:18		
Karl	Spielmann	N/A	00:10:05	00:14:18	00:13:48	00:14:17	00:14:40	00:15:17	00:16:18		
Stephen	Eaton	Lichfield Running Club	00:15:52	00:22:54	00:23:17	00:25:03	00:28:49	00:29:24			
Jonathan	Wicks	N/A	00:11:17	00:16:09	00:16:19						
Julian	Cookshott	N/A	00:11:48	00:16:19	00:16:46	00:17:48	00:21:18	00:23:34	00:22:37	00:26:23	
Teresa	King	Weston AC	00:12:05	00:17:31	00:18:53						
David	Wintle	Hogweed Trotters	00:11:38	00:16:11	00:16:59	00:17:53	00:18:41	00:19:15	00:20:24	00:21:00	
Anthony	Powell	Porthcawl Runners Life	00:10:34	00:14:32	00:14:28	00:14:48	00:16:21	00:18:44	00:23:00		
Gary	Wade	100 Marathon Club	00:12:33	00:18:23	00:19:44	00:19:40	00:20:08	00:24:26			
Fiona	Wright	City of Hull	00:14:33	00:20:30	00:21:51	00:22:21	00:22:48	00:22:57	00:31:06		
Hester	Barsham-Rolfe	N/A	00:12:31	00:16:47	00:17:19	00:18:04	00:20:35				
Jennifer	Prescott	Reading RR	00:11:31	00:16:25	00:16:58	00:17:57	00:19:05	00:20:18	00:20:51		
Sally	Ingledeu	Teignbridge Trotters	00:14:33	00:25:44							
Marion	Rayner	West 4 Harriers	00:13:21	00:18:15	00:18:45	00:19:27	00:21:03				
Peter	Lemon	Wimbledon Windmilers	00:10:47	00:15:55	00:17:49	00:23:02					
Christopher	Hayes		00:13:40	00:18:26	00:19:31	00:20:52	00:24:11	00:28:02			
Alyson	Hayes	100 Marathon Club	00:13:40	00:18:26	00:19:31	00:20:52	00:24:10	00:27:33			
Mark	Sleeman		00:11:39	00:16:30	00:18:21	00:19:33					
Paul	Watts		00:15:27	00:22:20	00:23:55	00:26:42	00:30:22	00:45:47			
Philip	Scope		00:11:27	00:16:23	00:16:33						
Graeme	Murdoch		00:11:29	00:16:23	00:17:12	00:19:02	00:22:35	00:18:14	00:29:30		
Jim	Rohdey		00:11:18	00:15:48	00:16:34	00:16:50	00:16:43	00:17:40	00:19:18		
James	Bates		00:13:16	00:18:49	00:40:48						
Richard	Clifton	Chard RR	00:10:35	00:14:34	00:14:44	00:14:53					
Simon	Wool	Watford Joggers	00:11:27	00:15:55	00:16:03	00:16:22	00:17:59	00:34:39			
Chas	Rayner	N/A	00:13:20	00:18:15	00:18:45	00:19:27	00:21:04	00:20:21	00:19:18		
Simon	Bellwood	N/A	00:11:39	00:16:08	00:16:21	00:16:34	00:16:37	00:17:02			
Frank	Dudbridge	Thames Hare and Hounds	00:11:32	00:15:50	00:15:42	00:15:48	00:15:37	00:19:35			
Dave	Hardiman	Chard RR	00:11:40	00:16:10	00:16:20	00:21:01	00:22:15				
Stuart	Macfarlane	Scottish Athletics	00:15:07	00:21:46	00:22:23	00:23:03	00:24:02	00:26:03	00:31:50	00:34:33	
Alistair	Chambers	Ivanhoe Runners	00:10:33	00:15:21	00:16:04	00:17:23					
Barry	Lennon	N/A	00:12:34	00:18:25	00:19:10	00:19:07	00:19:54	00:20:44	00:21:43	00:25:36	
Steven	James	Clevedon AC	00:12:21	00:17:15	00:17:30	00:17:25	00:17:33	00:18:35	00:36:27		